

# Data-Driven Learning Analytics and Artificial Intelligence in Higher Education: A Systematic Review

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**Abstract**—The responsible integration of Artificial Intelligence in Education (AIED) offers a strategic opportunity to align learning environments with the principles of Society 5.0, fostering human–technology synergy in support of quality education and social well-being. This study presents a systematic review of 36 peer-reviewed articles (2021–2025) focused on educational applications that employ learning analytics (LA) through data-driven approaches and integrate machine learning (ML) models as part of their empirical evidence. Each study was analyzed according to three key dimensions: the context of AIED application, the data-driven approach adopted, and the ML model implemented. The findings reveal a persistent disconnect between the AI models employed and the available educational data, which in many cases are limited to access logs or manually recorded grades that fail to capture deeper cognitive processes. This limitation constrains both the effective training of ML models and their pedagogical utility for delivering meaningful interventions such as personalized learning pathways, real-time feedback, early detection of learning difficulties, and monitoring and visualization tools. Another significant finding is the absence of psychopedagogical frameworks integrated with quality standards and data governance, which are essential for advancing prescriptive and ethical approaches aligned with learning goals. It is therefore recommended that educational leaders foster AIED applications grounded in data governance and ethics frameworks, ensuring valid and reliable metrics that can drive a more equitable and inclusive education.

**Index Terms**—Learning analytics, machine learning, data-driven approach, educational applications, intelligent systems, higher education, artificial intelligence, Education 4.0, educational innovation, Society 5.0.

## I. INTRODUCTION

ALTHOUGH interest in data-driven approaches to education is increasing, there remains a lack of psychopedagogical and ethical frameworks to guide the integration of AI and to consolidate a data architecture capable of enhancing metacognitive development and academic performance. Renz

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and Hilbig [1] highlight the complexity of integrating Learning Analytics (LA) and Artificial Intelligence (AI) to design adaptive teaching and learning pathways. Educational Data Mining (EDM) contributes to the development of techniques that identify student behavior patterns from various types of data: structured, semi-structured, and unstructured [2], [3]. LA and EDM have primarily focused on the measurement and analysis of student data, drawing on records such as time on task and access to materials within Learning Management Systems (LMS), with the aim of testing hypotheses related to study habits, motivation, and engagement in order to identify learning behavior patterns and optimize learning processes [4], [5], [6], and [7]. Designing a data-driven educational framework requires clear objectives, high-quality and traceable data from virtual environments, and governance structures that enable AI to effectively support learning.

Cognitive process modeling [8] supported by AI and Machine Learning (ML), enables personalized learning [9], facilitates the integration of heterogeneous data sources, and supports the development of scalable and adaptive learning ecosystems [10]. In parallel, generative AI tools are increasingly being adopted in academic contexts to provide support, guidance, and even personalized instruction [11]. To integrate AI into the learning systems of Higher Education Institutions (HEIs), it is essential to promote literacy in data governance, ethics, and deontological principles to ensure that ML models are trained on valid and reliable data, minimizing bias risks and grounded in rigorous algorithmic performance metrics. Building on these considerations, the objective of this review is to address the following research questions: (RQ1) How has the use of conceptual, empirical, and/or mixed methods evolved in studies published between 2021 and 2025 that adopt data-driven approaches and integrate AI models with ML? (RQ2) What data-driven approaches are employed in studies that also use ML models? (RQ3) What AIED applications have been implemented in HEIs? (RQ4) What types of AI models with ML have been developed?

## II. THEORETICAL FRAMEWORK

### A. Learning Analytics (LA) and Educational Data Mining (EDM)

To achieve effective governance of data and AI, HEIs must align their institutional strategies with ethical governance standards while ensuring the identification and mitigation of

risks associated with their use. Learning Analytics (LA) is defined as the measurement, collection, analysis, and reporting of student data to improve learning and learning environments [12], [13]. Digital maturity frameworks and data quality standards can serve as necessary guidelines to systematize and structurally enhance teaching and learning processes when integrated with AI models, thereby enabling more inclusive and less biased predictions of academic outcomes [14], [15]. The CRISP-DM model (Cross-Industry Standard Process for Data Mining) is a methodology validated across multiple sectors and applied in data mining and data science. It is conceived as an iterative cycle encompassing business and data understanding, preparation, modeling, evaluation, and the deployment of resulting architectures [16], [17]. Embedding a data governance framework at the core of a digital learning ecosystem allows for the articulation of technological platforms and fosters interoperability among diverse systems [18]. The OECD urges HEIs to validate, through scientific evidence, both the benefits and the limitations of the data employed, and to increasingly leverage big data infrastructures contextualized to educational needs [19]. For AI to provide bias-free functionalities, it is essential to rely not only on psychopedagogical models and instruments or scales, but also on algorithmic validation metrics for ML model training, thereby ensuring comprehensive measures that demonstrate the positive impact of their use.

### B. AIED and Applications in Learning Processes

Identifying the roles and contexts of faculty, students, and academic leaders enables the design of competency frameworks in AI and data governance that foster sustainable and innovative educational models grounded in data-driven approaches. Instructional design incorporating emerging technological tools must integrate the measurement of cognitive processes in order to leverage AI for the creation of adaptive learning strategies with self-regulation functionalities and performance metrics [20]. Within this framework, Cognitive Diagnostic Modeling (CDM) provides a psychometric perspective to accurately identify the mastery of specific skills [21], while Cognitive Task Analysis (CTA) facilitates the representation of complex knowledge structures. When integrated into AI-powered platforms, these approaches can strengthen personalized learning and generate intelligent feedback, thereby enhancing the effectiveness of educational processes [22]. However, the absence of psychopedagogical frameworks solidly grounded in learning data limits the connection between observed interactions and expected outcomes; hence the need to advance toward integrative models that align theory, empirical evidence, and sustainable educational practices [23].

These strategies are essential for redesigning virtual learning environments aimed at developing and scaling competencies. By integrating the influence of socioeconomic, cultural, and environmental factors, it becomes possible to design learning pathways that help overcome existing gaps and strengthen equity in educational processes [24], [25], and foster the development of higher-order skills such as complex thinking, critical reasoning, creativity, problem solving, and leadership,

TABLE I  
CLASSIFICATION OF DATA-DRIVEN APPROACHES  
ACCORDING TO [41], [42]

Methods	Analytical Objective	Technique
Diagnostic Approach	Uses data to identify the underlying causes of trends and correlations. In this sense, diagnostic regression is oriented toward answering the question: “ <i>Why did this happen?</i> ”	Hypothesis testing, correlation vs. causation, regression analysis
Descriptive Approach	Provides information about the past, which is useful for communicating changes over time and using trends as a basis for further studies. Its central purpose is to answer the question: “ <i>What has happened?</i> ”	Descriptive statistics, data mining techniques.
Predictive Approach	Employs historical data and trend patterns to estimate future scenarios, focusing on the question: “ <i>What could happen?</i> ”	Data mining techniques, regression, ML.
Prescriptive Approach	Uses data to quantify the potential effects of future decisions and offers recommendations to answer the question: “ <i>What should we do next?</i> ”	Business rules, experimental design, computational modeling, ML/AI (including Natural Language Processing, NLP)

among others [26], [27]. Training ML models with reliable educational data under rigorous ethical protocols makes it possible to more accurately understand patterns of student behavior, identify areas for improvement, and incorporate innovative practices that strengthen complex mental processes such as critical thinking, creativity, and problem solving [28].

The pedagogical impact of technologies such as AI will only be sustainable if supported by institutional governance that legitimizes data use. The combination of LA or EDM with behavioral modeling refines the understanding of student profiles and behaviors [29], making it increasingly necessary to establish a governance framework that ensures the ethical and transparent use of data. Along these lines, it is essential to determine the type of interaction or educational application under analysis. Some authors [30] group AIED applications into four categories: (1) learning, (2) teaching, (3) assessment, and (4) administrative management. Other studies classify them into more specific functions, such as student profiling and performance prediction [31], assessment tools [32], adaptive and personalized systems [33], [34] intelligent tutoring systems [35], and automatic content generation [36].

### C. Data-Driven Approaches

The data-driven approach is transforming the way organizations evaluate their processes and strengthen the mechanisms that enable them to generate and sustain competitive advantages. According to [37] implementing a data-driven model requires organizations to: (1) transform collected data into meaningful information and actionable knowledge; (2) develop a robust technological infrastructure along with an articulated digital ecosystem; (3) deploy data analytics and integration strategies to optimize resources; and (4) strengthen the capabilities of key stakeholders. Several studies emphasize that

data-driven decision-making enables the integration and analysis of information to achieve more accurate results. This approach, grounded in the collection, analysis, and interpretation of large volumes of data [38], [39], has become a pillar of business competitiveness and innovation, gaining increasing relevance [40]. Similarly, HEIs are called to transform themselves through their capacity to convert data into actionable information that allows them to quantify, support, and manage learning, which in turn requires the development of new data architectures. As summarized in Table I, data-driven approaches can be classified into four main categories: (1) diagnostic, (2) descriptive, (3) predictive, and (4) prescriptive [41], [42].

A data-driven approach, grounded in structured information and the application of diverse analytical methods, enables a more objective examination of user behaviors and attitudes, particularly within learning management systems, and provides highly valuable evidence for decision-making and the design of pedagogical strategies. In this context, ML plays a prominent role by employing data-driven approaches to uncover, predict, and classify behavioral patterns with the purpose of guiding the continuous improvement of educational processes [43]. Supervised ML consists of using labeled data with predefined categories to train and validate predictive or classification models. Among the most frequently employed algorithms are decision trees, random forests, the Naïve Bayes classifier, and artificial neural networks [44]. However, these techniques raise ethical considerations, particularly regarding the need to validate performance metrics and verify both data architectures and labeling processes in order to ensure reliability and transparency.

Biases present in insufficiently validated instruments may be amplified in AI models, underscoring the importance of rigorous validation aligned with data governance. In this regard, QuantCrit principles critically examine prevailing practices in quantitative research, as highlighted in [45] by emphasizing: (1) the centrality of racism, (2) the lack of neutrality in numerical data, (3) the socially constructed nature of categories such as gender and race, (4) the interpretive character of data as a socially produced construct, and (5) the imperative of a commitment to social justice and equity. A robust understanding of educational phenomena, therefore, requires combining quantitative analytics with qualitative inquiry. Similarly, psychological constructs such as motivation, personality, or epistemic beliefs—often measured through person-centered methods—require strict tests of validity and reliability, since without such scrutiny they remain methodologically and ethically vulnerable [46]. In the case of ML models, including generative AI, it is essential to implement mechanisms for detecting errors, biases, and hallucinations, as these limitations may compromise the reliability and validity of metrics, as well as the safety and trustworthiness of their educational applications.

#### D. Artificial Intelligence Models

AI has the potential to transform educational processes, provided that solid data governance architectures are established to ensure system interoperability and support the adoption of

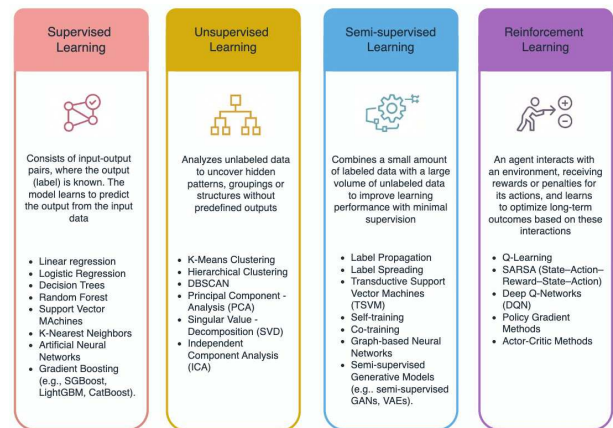


Fig. 1. ML models [54], [55].

evidence-based measures. AI can be defined as a computer system capable of adapting, learning, synthesizing information, correcting errors, and leveraging heterogeneous data to solve complex tasks [47]. Authors [48] identify four key AI technologies: (1) ML [49] (2) Natural Language Processing (NLP) [50], (3) Computer Vision [51], and (4) Robotics [52]. ML is a field of study that employs computational algorithms to transform empirical data into usable models [53], encompassing four main paradigms: (a) supervised, (b) unsupervised, (c) semi-supervised, and (d) reinforcement learning [54], [55] (Fig. 1).

The implementation of AI in HEIs may involve processing sensitive student data without fully established security mechanisms, thereby increasing the risk of inappropriate use of private information and the inadequate detection of indicators related to mental health, emotional well-being, and learning patterns. AI has evolved from programming specific and poorly structured tasks, lacking connection with interoperable approaches or models, toward methods grounded in formal frameworks. Among the latter are Constraint Satisfaction Problems (CSP), Bayesian networks, Partially Observable Markov Decision Processes (POMDP), and General Game Playing, all of which are addressed through domain-independent algorithms [56]. This paradigm supports significant advances in expert systems, intelligent agents, predictive models, and personalized learning environments [57], [58]. ML further enriches the analysis by revealing latent patterns and generating actionable knowledge [59], reinforcing the need for AI governance in education that ensures the comprehensive protection of the fundamental human rights of those involved.

Several authors highlight that the application of ML models in education has revealed three main challenges: (1) integrating heterogeneous data to identify students at risk, (2) ensuring rigorous evaluation of methodological validity, and (3) establishing reliable guidelines for model development and assessment [60]. Ahmad et al. [61] numerate key data-driven applications—performance prediction, personalized learning, and sentiment analysis—and emphasize the need to curb algorithmic bias and safeguard student privacy. The broader deployment of ML systems has also raised concerns about potential discriminatory outcomes [62]. Consequently, intelli-

TABLE II  
GUIDING RESEARCH QUESTIONS

Research questions	Answer possibilities
RQ1. How has the use of empirical and/or mixed methods evolved in studies published between 2021 and 2025 that address data-driven approaches and ML in education?	Empirical, Conceptual, Mixed (2021, 2022, 2023, 2024, and 2025)
RQ2. What data-driven approaches are employed in studies that integrate AI models with ML?	Descriptive, Diagnostic, Predictive, Prescriptive

gent platforms must be grounded in evidence-based behavioral constructs [63] and designed to guarantee fairness, transparency, accountability, and responsible data management in alignment with instructional objectives.

### III. METHODOLOGY

This systematic literature review (SLR) examines how conceptual, empirical, and mixed-method studies published between 2021 and 2025 employ LA and EDM in combination with data-driven approaches and ML within educational applications. The review catalogs AI models, identifies methodological trends, and evaluates the depth of ML and AI integration in educational processes. The three-stage protocol proposed by Kitchenham—planning, execution, and reporting—was followed to ensure methodological rigor [64]. In addition, the SLR guidelines proposed by Brereton et al. [65] were applied, which include predefined search protocols, pilot testing, clear inclusion and exclusion criteria, as well as transparent documentation of search strategies and study selection procedures.

#### A. Planning Phase

To support a rigorous analysis of the literature, identify research gaps, and formulate relevant questions, the scope of the review was defined. Accordingly, studies were selected that implemented AIED solutions—platforms, systems, interfaces, or related technologies—grounded in data-driven approaches employing ML models in educational, data-oriented environments. The research questions guiding the study are summarized in Table II.

The SLR protocol is explicitly based on the PICOC framework [66]:

##### 1) PICOC Reference Framework:

- Population: students, faculty, and academic administrators in HEIs.
- Intervention: identification of studies applying LA or EDM methodologies based on data-driven approaches that incorporate ML to improve learning outcomes.
- Comparison: not applicable, as the review does not include comparative interventions.
- Outcome: analysis of how empirical studies integrate ML-based data analysis within AIED, highlighting methodological rigor, AI model implementation, and evidence-based results.
- Context: educational use of AIED and LA in HEI environments between 2021 and 2025.

##### 2) Inclusion and Exclusion Criteria:

- Inclusion criteria:
  - Published between January 2021 and February 27, 2025.
  - Document type: Articles.
  - Language: English.
  - Studies applying ML models.
- Exclusion criteria:
  - Articles for which full-text access was not available despite reasonable retrieval efforts.
  - Studies published in languages other than English.
  - Studies that do not apply ML models.

3) *Search Strategy*: The search process in the Scopus and Web of Science (WoS) databases began with the definition of the keywords to be used in their search engines. To select the articles that formed the database, inclusion and exclusion criteria were established according to the PICOC framework, along with the following keywords:

*“artificial Intelligence” OR “smart” OR “intelligent” OR “Machine Learning”) AND “Learning Analytics” OR “Educational Data Mining”) AND “platform” OR “system” OR “Interface” OR “Technology” OR “framework” OR “environment” OR “process”) AND (“data Driven”)*

The search was conducted on February 27, 2025. The 2021–2025 period was chosen to capture the recent surge in the adoption of data-driven learning technologies and AI models. This timeframe coincides with the post-pandemic context, which has accelerated the digital transformation of HEIs.

#### B. Review Phase

The systematic review followed the PRISMA guidelines (Preferred Reporting Items for Systematic Reviews and Meta-Analyses), as illustrated in Fig. 2 [67], [68]. This widely recognized methodology encompasses four key stages: identification, selection, eligibility assessment based on exclusion criteria, and final inclusion.

Data were systematized using Excel and Tableau to generate cross-tabulations and visual representations. Initially, Excel was employed to merge datasets and remove duplicate entries. A new worksheet was then created to classify the studies, with each assigned a unique identification code based on the alphabetical order of the article title. Subsequently, the following columns were created to categorize the key aspects of each study:

- Type of research method: conceptual, empirical, or mixed.
- Type of data-driven approach: descriptive, diagnostic, predictive, or prescriptive.
- LA or EDM approach.
- ML model: supervised learning, unsupervised learning, semi-supervised learning, or reinforcement learning.
- Type of AI application in education: learning, teaching, assessment, administrative processes, or cross-cutting applications.
- Study description.
- Algorithms used.
- Observations.

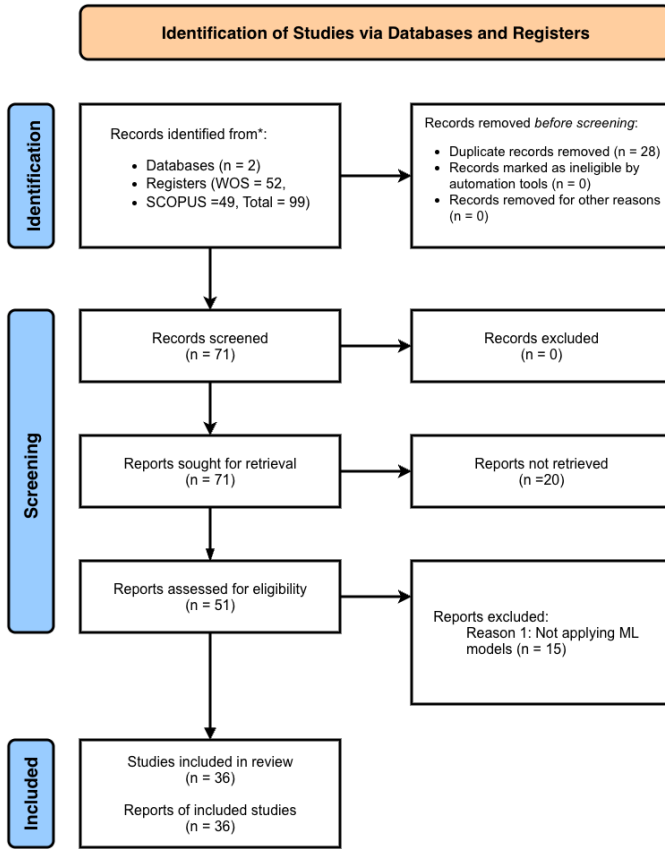


Fig. 2. PRISMA 2020 flow diagram.

### C. Reporting Phase

Data processing adhered to ethical standards and was based on the evidence collected. Following Traxler’s recommendations, platform observations were analyzed in relation to the research questions and the coding categories of the study [69]. Subsequently, 15 studies were excluded after it was determined through closer analysis that they did not employ ML models. The dataset is published on Zenodo at: <https://zenodo.org/records/15802477>

## IV. RESULTS

Table III provides an overview of the 36 peer-reviewed studies published between 2021 and 2025 that apply ML-driven data methods to AI-enabled education. Listed alphabetically by title and indexed with consecutive identifiers (Id), these works collectively document ongoing advances in the digital transformation of teaching and learning. The identifier corresponds to the article’s identification number and will be used for this purpose in the following sections.

Geographic coverage was determined based on the affiliation of the corresponding author, revealing a strong presence of universities from Europe, Asia, and North America. Europe accounted for 14 studies, including Spain (S17, S44), Sweden (S25, S31), Turkey (S21, S41), Italy (S5, S20), Austria (S7), Croatia (S49), France (S3), Germany (S13), Norway (S33), and Portugal (S37). Asia contributed 12 studies, with Japan (S12, S38, S43), China (S2, S40), Indonesia (S9, S50),

TABLE III  
LIST OF INCLUDED STUDIES

Id	Cite	ID	Cite	ID	Cite
S2	[70]	S20	[71]	S33	[72]
S3	[73]	S21	[74]	S34	[75]
S4	[76]	S22	[77]	S35	[78]
S5	[79]	S23	[80]	S37	[81]
S7	[82]	S24	[83]	S38	[84]
S8	[85]	S25	[86]	S40	[87]
S9	[88]	S26	[89]	S41	[90]
S11	[91]	S27	[92]	S43	[93]
S12	[94]	S28	[95]	S44	[96]
S13	[97]	S29	[98]	S46	[99]
S14	[100]	S30	[101]	S49	[102]
S17	[103]	S31	[104]	S50	[105]

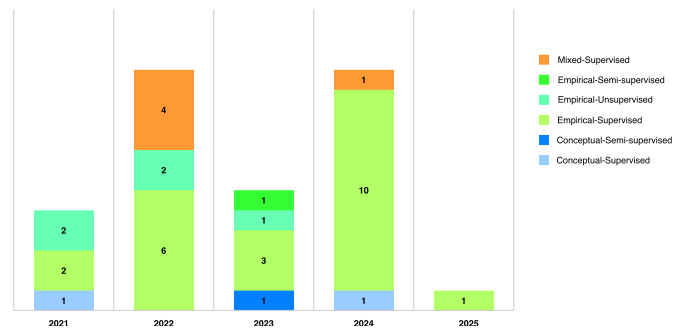


Fig. 3. Research methods and ML models (2021–2025).

Bangladesh (S11), India (S28), Malaysia (S4), Vietnam (S24), and Saudi Arabia (S23). The Americas included four studies: the United States (S26, S29, S30) and Canada (S22). Oceania was represented by four studies from New Zealand (S14, S34, S46) and Australia (S8). Finally, Africa contributed two studies, from Algeria (S35) and South Africa (S27). The absence of studies from Latin America highlights a critical gap in current research on the use of AI and ML models grounded in data-driven approaches. This reflects not only regional underrepresentation but also a scarcity of empirical documentation on their application in education. These asymmetries underscore the need to foster empirical efforts that can establish a research agenda on AIED in Latin America that is geographically, institutionally, and disciplinarily representative.

To address RQ1—*How has the use of conceptual, empirical, and/or mixed methods evolved in studies published between 2021 and 2025 related to data-driven approaches and ML in education?*—of the 36 studies analyzed, 8% (3 studies) employed conceptual methods, 78% (28 studies) were empirical, and 14% (5 studies) used mixed methods. Figure 3 illustrates this temporal evolution of both the research method and the ML model used in the analyzed studies.

To address RQ2—*What data-driven approaches are employed in studies that integrate AI models with ML?*—the

TABLE IV

CLASSIFICATION OF STUDIES ACCORDING TO DATA-DRIVEN APPROACH AND ML [41] AND [42]

Studies with Supervised ML Models (n=29)	
E-Diagnostic & Predictive (4)	S5, S35, S38, S50
C-Descriptive (1)	S7
E-Descriptive & Predictive (1)	S27
E-Predictive (13)	S4, S9, S12, S13, S21, S24, S28, S30, S33, S37, S41, S43, S20
C-Predictive (1)	S23
E-Predictive & Prescriptive (5)	S25, S31, S34, S40, S44
E- Prescriptive (4)	S2, S11, S14, S46
Studies with ML No supervised (n=5)	
E-Diagnostic & Descriptive (2)	S8, S29
E-Diagnostic & Predictive (1)	S49
E-Descriptive (1)	S17
E-Descriptive & Predictive (1)	S26
Studies with ML semisupervised (n=2)	
C-Prescriptive (1)	S22
E-Predictive (1)	S3

data-driven framework proposed in [41] and [42], was adopted, with details presented in Table I, along with the ML models based on [54] and [55] shown in Fig. 1. Table IV presents the studies organized according to these classifications. Each classification was coded by the research method employed: C (conceptual), E (empirical), and M (mixed).

In summary, this classification of data-driven approaches shows that the predictive approach is predominant, appearing in 19 of the 36 studies analyzed. It is followed by the diagnostic approach (7 studies), the descriptive approach (6 studies), and the prescriptive approach (6 studies). Notably, the diagnostic approach frequently appears in combination with other approaches, serving as a transversal component in the early stages of data-driven implementations.

#### A. Diagnostic Analysis

A total of seven studies were identified with this approach. Four of them (S5, S35, S38, and S50) employed supervised ML in combination with a predictive approach. Studies S8 and S29 applied unsupervised ML together with a descriptive approach. Study S49 used unsupervised ML in combination with a predictive approach. These findings highlight the importance of incorporating the diagnostic approach in the initial phases as a key element for advancing toward more sophisticated data-driven strategies, such as predictive or prescriptive approaches.

#### B. Descriptive Analysis

Six studies were identified with this approach. Two of them (S7 and S27) employed supervised ML models, while two others (S17 and S26) used unsupervised ML. It should be noted that studies S26 and S27 also combined the descriptive with the predictive approach. Studies S8 and S29 combined the descriptive with the diagnostic approach using unsupervised ML.

TABLE V

AIED APPLICATIONS WITH ML MODELS

Applications with Supervised ML (n=29)			
Administration (1)	Recommender Systems	S44	
	AI-Based Career Prediction	S23	
Learning (8)	AI-Based Feedback	S11, S14, S46	
	AI-Based Feedback: Self-Regulated Learning (SRL)	S25, S31	
	Collaborative Learning	S2	
	Learning Style	S35	
Teaching (1)	Student Modeling	S40	
Cross-cutting (1)	Learning Dashboards	S34	
	Code Evaluation and Error Classification	S38	
Assessment (18)	Dropout Prediction	S5	
	Sistemas de alerta temprana (EWS) → Student Dropout Prediction – Early Warning Systems (EWS)	S7, S20, S30, S37, S43	
	Intelligent Tutoring Systems (ITS)	S13	
	Performance and Achievement Prediction	S27, S50, S9	
	Risk Prediction and Interpretability	S12, S21, S24, S28, S4, S41	
	Sensor-Based Evaluation and Affective Analytics	S33	
	Applications with No Supervised ML (n=5)		
	Learning (4)	Student modeling and behavior analytics	S8, S26, S49
		Student modeling and collaboration with behavior analysis	S17
	Teaching (1)	Social Interaction and Student Participation Monitorin	S29
Applications with Semisupervised ML (n=2)			
Learning (1)	Pedagogical Agents with Generative AI	S22	
Assessment (1)	Student Dropout Prediction – Early Warning Systems (EWS)	S3	

#### C. Predictive Analysis

A total of 19 studies were identified with this approach. Of these, thirteen (S4, S9, S12, S13, S20, S21, S24, S28, S30, S33, S37, S41, and S43) applied a purely predictive approach. The remaining six combined predictive with prescriptive analysis: five (S25, S31, S34, S40, and S44) employed supervised ML models, while one (S3) used a semi-supervised ML model.

#### D. Prescriptive Analysis

Within this group, study S22 stands out as the only one adopting a purely prescriptive approach, relying exclusively on a semi-supervised ML model. This singularity sets it apart from the other identified studies, which applied supervised ML models—either exclusively (S2, S11, S14, and S46) or in combination with predictive approaches (S25, S31, S34, S40, and S44)—making S22 a particularly relevant case within the analyzed corpus.

To address RQ3—*What AIED applications have been implemented in the studies?*—AIED applications were classified into five main categories: (1) learning, (2) teaching, (3) assessment, (4) administration [30] and (5) cross-cutting, as detailed in

Table V. It should be noted that, in order to incorporate multidisciplinary approaches with impact across multiple processes and domains of knowledge, the cross-cutting category was introduced. This category includes studies related to areas such as visual dashboards for learning monitoring, multi-agent systems, adaptive and personalized environments [33], [34], as well as tools for automatic content generation [35].

Table V reports 19 studies classified in the evaluation category, representing approximately 53% of all investigations that apply ML models, of which 18 employ supervised ML and one uses semi-supervised ML (S3). Although all studies fall under the evaluation category, they encompass diverse functional applications. A significant portion focuses on measuring academic performance through descriptive and predictive approaches (S27, S9), as well as on identifying risks of low performance and dropout (S12, S21, S24, S28, S4, S41). Noteworthy are studies that implement Early Warning Systems (EWS) to prevent school dropout (S7, S20, S30, S37, S43, S3), along with study S13, which focuses on the development of an Intelligent Tutoring System (ITS).

In the learning category, and due to its diagnostic nature and formative contribution within educational processes, a total of thirteen studies were identified. Five of these address personalized feedback strategies, supported by supervised ML models with a prescriptive approach (S11, S14, S46, S25, S31). Study S35 centers on identifying learning styles through a predictive approach, while S2 proposes support mechanisms for collaborative learning, and S23 focuses on predicting academic trajectories using AI. In the same category, four studies (S8, S26, S49, S17) employed unsupervised ML, targeting the analysis of student behavior and collaboration. Additionally, Study S22 employs agents to provide feedback aimed at enhancing students' self-regulated learning skills.

With respect to teaching-centered applications—aimed at supporting teaching tasks such as identifying social interaction and monitoring student participation—two studies were identified: one with a diagnostic approach (S29) and another combining predictive and prescriptive analysis for student modeling (S40). Collectively, these studies represent approximately 7% of the total analyzed. In terms of administrative applications, a single study (S44) was identified, accounting for 3% of the total, and focused on the development of a recommendation system based on diagnostic analysis. Finally, within the category of cross-cutting applications, study S34 stands out, proposing the design of learning dashboards aimed at monitoring student progress.

To address RQ4—What AI models with ML have been developed?—the results show that supervised ML predominates in the corpus of 36 studies (80.6%), whereas unsupervised (13.8%) and semi-supervised approaches (5.6%) are considerably less frequent (Fig. 4).

Within supervised ML, nearly 50% of the studies focus on educational assessment—such as performance prediction, dropout detection, and intelligent tutoring (S38, S5, S7, S13, S27, S41, among others). For teaching applications (S40), administrative management (S44), and cross-cutting applications (S34), only one study was identified in each category, representing 2.8% of the total in each case. A total of 22.2%

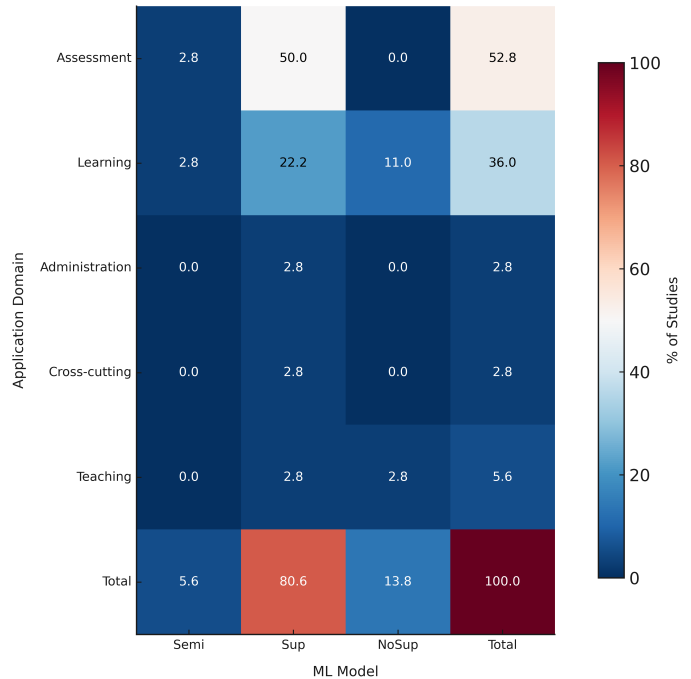


Fig. 4. IAED with models ML.

corresponded to learning applications (S2, S11, S14, S23, S25, S31, S35, and S46). In unsupervised ML, 11% addressed learning applications, primarily related to behavior analysis and student collaboration (S8, S26, S49, S17), while one study (2.8%) focused on teaching (S29). Two studies employed semi-supervised ML: S22, oriented toward personalized learning through generative AI pedagogical agents, and S3, focused on evaluation using early warning systems to prevent school dropout.

## V. DISCUSSION

The incorporation of data-driven decision models in education requires the establishment of robust management frameworks and accountability principles that guarantee transparency, trust, and respect for fundamental rights. The 36 studies presented in Table III demonstrate that data-driven decision models can be essential for integrating AI and enhancing the educational solutions offered to the academic community. In HEIs, their adoption should advance gradually, beginning with data literacy and the articulation of still-fragmented digital ecosystems. It is important to establish ethical and transparent principles for information management, as well as to promote pilot projects that, once evaluated, can be scaled to strengthen institutional management and teaching and learning processes.

To address RQ1, 78% of the studies analyzed correspond to empirical designs and 14% to mixed-method approaches, representing a combined empirical coverage of 92%, compared to only 8% conceptual (Fig. 3). This empirical predominance underscores the need to validate, through evidence, the implementations that integrate LA with AI models in teaching and learning contexts [1]. One way to simplify these processes is to begin with diagnostic approaches based on

the available data and then progressively advance toward more sophisticated, higher-performing algorithmic models, grounded in prescriptive analysis and employing data-driven approaches. These models would enable the anticipation of learning behaviors on platforms—whether from labeled data or unstructured interactions—in order to achieve greater granularity of information and allow for the early detection of academic performance [29]. In this regard, the incorporation of ML models enables the anticipation of potential barriers to academic performance and the establishment of early warning systems that foster adaptive learning processes based on the available data. However, such advances must be grounded in robust data governance frameworks [9], whether for digitizing cognitive processes [8] for predicting and optimizing interactions in digital environments. Although empirical studies are the most represented, the limited availability of data restricts the traceability of cognitive processes, underscoring the need for strong governance architectures that align with pedagogical objectives and enhance the value of adaptive and personalized learning.

An effective selection of data-driven approaches must be aligned with institutional goals and increase the availability of data that enable the collection of relevant information. Table IV presents the data-driven decision methods employed and the ML models used in the reviewed studies. Diagnostic methods make it possible to identify the underlying causes of potential problems from observed correlations. Study S8 illustrates how anticipatory learning strategies can be developed from learning platform logs, while study S49 examines how data-centered diagnostic and predictive approaches employ unsupervised ML models to generate behavioral profiles and provide real-time personalized feedback. Diagnostic approaches can further increase their value if, from the outset, they integrate ethical principles such as those of QuantCrit [45], which underscore the need to interpret behavioral and psychological data within the social context in which they are applied. These principles warn of the risks that categories used to measure competencies may introduce biases that, rather than supporting learning, could reinforce educational inequalities or reproduce interpretations dependent on human judgment.

Studies employing descriptive methods have yielded relevant findings. Study S26 presents a data-centered model of individual differences that improves the prediction of performance and engagement, aligning with personalized learning strategies supported by empirical evidence. At the same time, study S17 examined Coursera interaction data—including clickstream logs and demographic information—to identify patterns of collaboration and potential cases of academic dishonesty. Data-driven methods benefit from structured frameworks such as CRISP-DM, which provides an iterative lifecycle suitable for validating educational data science initiatives and ensuring consistency between institutional questions, available data, and analytical design [16], [17].

Studies employing predictive methods include S12, S25, S28, and S31, which evaluated student performance using learning management system records. By contrast, studies S4, S9, and S41 used the OULAD dataset to assess the generalizability of model predictions. In S31, six ML algorithms

were trained with data from 446 students, and the best-performing model was a prescriptive explainable AI (XAI) system that generated personalized feedback delivered through a dashboard aligned with Zimmerman's SRL model, supporting goal setting, planning, monitoring, and reflection. Study S25 applied an explainable model using learning platform data to predict performance and support self-regulation through personalized feedback and an automated dashboard, with the aim of incorporating additional time-management and scheduling functionalities. Predictive methods benefit from data science maturity frameworks, which support outcome forecasting and structured institutional decision-making [14], [15]. However, its implementation must be guided by data governance and ethical frameworks to prevent bias, ensure data privacy and security, and include oversight and monitoring mechanisms to avoid discrimination or inequality.

Studies employing prescriptive methods were identified, focusing on the use of data to recommend actions and quantify potential outcomes in order to optimize decision-making. Among them, study S22 developed a data-driven mechanism that enables pedagogical agents enhanced with generative AI to provide LA-based feedback, helping learners reflect on their learning processes and develop self-regulated learning skills. Study S14, which draws on a real dataset from an Australian HEI with 7,000 students (52% completed the course and 48% dropped out) collected from platforms such as Moodle, demonstrates how predictive modeling can be enhanced with prescriptive analytics. Through two case studies, the research shows how ChatGPT can be used to generate clear and actionable feedback for at-risk students. Prescriptive analysis requires high-quality data, reliable models, and robust processes to generate trustworthy and pedagogically sound recommendations [32], [33]. It is essential to place the data analysis layer at the core of an ecosystem that connects cyber-physical systems, organizational platforms, and learning platforms, serving as a nexus for key stakeholders in HEIs [18], and to define how data will be collected, analyzed, and interpreted, particularly when working with large-scale information [34]. The prescriptive approach not only forecasts but also recommends actions, whose effectiveness relies on reliable and validated data aligned with the educational model, making it necessary to validate the effectiveness of the algorithmic model employed to avoid false positives.

Understanding the educational context—what in the CRISP-DM framework is referred to as “Business Understanding”—is a key requirement for developing AI educational applications grounded in evidence-based solutions and aligned with quality standards. Table V classifies and presents the techniques employed in the ML models applied to the reviewed AIED applications, thus addressing RQ3. Study S22 examines the integration of generative AI agents and outlines the essential pedagogical principles to guide educators in the effective use of AI chatbots in educational contexts. Study S29 employs sensor data to support collaborative learning by detecting proximity, while Study S40 proposes an optimized data architecture model for adaptive approaches. Studies S25 and S31 demonstrate that explainable AI-based feedback can strengthen self-regulated learning and extend the analysis beyond dropout

prediction to focus on competence development. The CDM and CTA frameworks are examples of how these theories can be integrated into AI platforms to personalize learning and provide intelligent feedback [21], [22]. To strengthen the use of data-driven approaches, HEIs must provide greater clarity in defining the purpose of using AI—such as conversational chatbots, intelligent tutoring systems, or predictive models of academic risk—and formulate hypotheses that yield reliable results supported by both psychopedagogical metrics and algorithmic performance measures.

The increasing adoption of AI in education highlights existing gaps in pedagogical design, ethical validation, and the integration of cognitive processes within learning analytics systems. To address RQ4, Fig. 4 shows that 80.6% of the studies reviewed employ supervised ML, of which 62% focus on applications related to educational assessment. This challenges us to move toward semi-supervised and unsupervised models and to incorporate applications in teaching, learning, and management. Among the most promising solutions are explainable AI (XAI) and intelligent dashboards. In studies S14, S25, and S31, XAI is used to provide transparent and personalized feedback that supports decision-making. Specifically, study S31 employs it for prescriptive purposes, recommending corrective actions, while study S25 uses it to identify the causes of low academic performance and strengthen self-regulation skills. Studies S14 and S34 implement intelligent dashboards that optimize real-time monitoring, foster student self-regulation, and contribute to the continuous improvement of teaching strategies. ML models enhance educational analysis by uncovering latent patterns and generating actionable insights [59]. Therefore, their application must be grounded in empirically supported behavioral constructs [63] and accompanied by rigorous methodological and algorithmic performance to ensure the reliability of model ML evaluation [60] and algorithmic performance. The integration of ML models into educational applications must be grounded in informed consent, validated instruments and constructs, and rigorous methodological evaluations that ensure the predictive validity of educational dimensions, the reliability of algorithmic performance, and adherence to ethical principles of equity and human dignity.

## VI. CONCLUSION AND FUTURE WORK

Of the 36 studies analyzed (2021–2025), the majority of AI applications in education are based on supervised ML and predictive approaches, primarily in the evaluation of low performance and dropout. The review identified only one study with cross-cutting educational applications, highlighting a significant gap in the integration of diverse tools and processes. The absence of research that methodologically documents the use, scope, and limitations of LA, ML, and AI in education underscores the urgency of establishing governance frameworks that guide their application in a safe, ethical, and responsible manner, as an essential condition for designing educational ecosystems centered on human well-being and aligned with the principles of Society 5.0. Likewise, the findings emphasize the need for HEIs to adopt comprehensive frameworks that ensure data quality and privacy. The ML models reviewed in the studies reveal opportunities to enhance

cognitive skills such as self-regulation. For HEIs, adopting AI entails not only improving accuracy and pedagogical relevance but also fostering trust, protecting data, and consolidating ecosystems aligned with educational objectives. This requires robust governance for the use of generative AI through institution-specific implementations adapted to the institutional context. Functionalities such as Retrieval-Augmented Generation (RAG), the creation of curated knowledge bases, and domain-specific fine-tuning, together with the assessment of infrastructure costs, are key steps. Likewise, it is essential to integrate LLM Guardrails to ensure transparency, mitigate bias, and secure alignment with ethical and psychopedagogical principles.

Emerging research horizons must adopt approaches grounded in mixed methods, data, and security; conduct rigorous validation of assessment instruments; bring psychopedagogical theories closer to neurotechnology for the development of future competencies; and incorporate governance guidelines such as QuantCrit and inspection or observation methods oriented toward ethical use in learning environments, the detection of inappropriate language, and related social aspects, drawing on early detection tools and the use of multidimensional evaluation metrics. The challenge lies in moving educators and institutional leaders from passive adoption to the active promotion of AI applications that are ethically aligned with education and human development. This requires a progressive process of literacy that accompanies process automation and enables the evaluation of its impact on work and social awareness. AI in HEIs must be designed in accordance with social values and ethical principles, recognizing that data reflect both knowledge and bias, and that its integration, under robust governance frameworks, can contribute to a more equitable, inclusive, and dignified education.

## VII. STATEMENTS AND DECLARATIONS

The authors declare that there are no conflicts of interest regarding the research, authorship, or publication of this study.

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